

## **RESERVE YOUR 4 FREE/VIRTUAL ONE-ON-ONE YOGA THERAPY SESSIONS WITH IIYT**

## Reservations confirmed on a first come/first serve basis only - space is limited!

IIYT is the *first* yoga therapy certification program in the US dedicated to working with major hospital health systems.

IIYT is the *first* fully accredited yoga therapy certification program in Michigan.

Sun. Jan 14, 2024 1:30 PM ET	Sun., Mar 3, 2024 1:30 PM ET	Sun. Mar. 17, 2024 1:30 PM ET 2:45 PM ET	Sun, April 7, 2024 1:30 PM ET 245 PM ET:	Sun. June 23, 2024 1:30 PM ET 2:45 PM ET
Sun. July 21, 2024 1:30 PM ET	Sun, Sept 29, 2024 1:30 PM ET	Sun., Oct 13, 2024 130 PM ET	Sun. Nov 10, 2024 1:30 PM ET	Sun. Dec 8, 2024 1:30 PM ET
2:45 PM ET	2:45 PM ET	2:45 PM ET	2:45 PM ET	2:45 PM ET
Sun. Jan 12, 2025 1:30 PM ET 2:45 PM ET	Thank you for your interest in yoga therapy and for supporting IIYT!			
For more information, please contact us <u>lphelps@iiyogatherapy.com</u> Please visit our website: <u>www.iiyogatherapy.com</u>				

## How to Reserve your 4 FREE/VIRTUAL Yoga Therapy sessions

✓ Please indicate **ALL** your best dates and times as listed on this schedule.

✓ Name (please print clearly):

✓ Phone number (\_\_\_\_\_) \_\_\_\_\_ Email\_\_

✓ Please email this completed form to: lphelps@iiyogatherapy.com

Yoga Developments, LLC www.iiyogagthearpy.com P: 248-840-9444